Monica Wala, Psy.D., HSPP

License #20043188A

(773) 575-5841 monicawala01@gmail.com



EDUCATION

August 2010 to

Illinois School of Professional Psychology at Argosy University/Schaumburg

June 2017

Schaumburg, Illinois

Accredited by the American Psychological Association (APA)

Doctoral Student in Clinical Psychology (Psy.D.)

August 2008 to

Northeastern Illinois University

August 2010

Chicago, Illinois

Accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP)

Master of Arts in Community Counseling

January 2006 to August 2008 Northeastern Illinois University

Chicago, Illinois

Bachelor of Arts in Psychology

Minor in Social Work

August 2003 to

Triton College

December 2005

River Grove, Illinois

Westville, Indiana

Associate of Arts

PROFESSIONAL EXPERIENCE

October 2017 to

Wexford/Centurion Health - Westville Correctional Facility

Present

Lead Psychologist overseeing mental health services for offenders in a minimum, medium, and maximum security prison. Supervises mental health professionals and interns. Facilitates treatment team meetings. Conducts individual therapy, suicide assessments, and crisis intervention. Completes assessments and

treatment plans.

April 2017 to

Wexford Health - Indiana State Prison

October 2017

Michigan City, Indiana

Provided individual and group therapy to offenders in a maximum security prison. Conducted suicide assessments and crisis intervention. Facilitated Moral Reconation Therapy (MRT) group and Mental Health Support Group for lower functioning and chronically mentally-ill offenders. Completed

assessments and treatment plans. Supervised by a Licensed Clinical Psychologist.

May 2015 to

Corizon Health - Indiana State Prison

March 2017

Michigan City, Indiana

Provided individual and group therapy to offenders in a maximum security prison. Conducted suicide assessments and crisis intervention. Facilitated Moral Reconation Therapy (MRT) group and Mental Health Support Group for lower functioning and chronically mentally-ill offenders. Completed

assessments and treatment plans. Supervised by a Licensed Clinical Psychologist.

November 2009 to July 2015

Lutheran Social Services of Illinois - Keystone Group Home

Chicago, Illinois

Residential Treatment Specialist

Provided individual and group counseling and case management services to males suffering from severe chronic mental illness (bipolar disorder, schizoaffective disorder, and schizophrenia) in a group home setting. Completed mental health assessments and treatment plans. Supervised by a Licensed Clinical

Professional Counselor.

CLINICAL EXPERIENCE

Doctoral Internship:

July 2014 to July 2015 State of Illinois - Elgin Mental Health Center

Elgin, Illinois

Administer psychological and neuropsychological tests to patients adjudicated Unfit to Stand Trial (UST) and Not Guilty by Reason of Insanity (NGRI) to assess intelligence, cognitive functioning, personality, risk, substance use, legal knowledge, malingering, etc.; score tests; interpret test results; and write psychological and neuropsychological reports. Conduct clinical interviews and NGRI annual assessments. Co-lead fitness restoration groups and provide individual fitness counseling for UST patients. Conduct individual therapy with NGRI patients. Co-lead chemical dependency, emotional regulation, problem solving, and positive psychology groups. Attend multidisciplinary treatment team meetings and monthly staffings with patients. Attend hospital-wide grand rounds, psychology grand rounds, and additional trainings/didactics. Engage in individual and group supervision. Assist psychologists with group supervision for externs. Provide individual supervision to externs. Supervised by Licensed Clinical Psychologists.

Doctoral Advanced Diagnostic Practicum:

September 2013 to June 2014 State of Illinois - Elgin Mental Health Center

Elgin, Illinois

Administered psychological and neuropsychological tests to patients adjudicated Unfit to Stand Trial (UST) to assess intelligence, cognitive functioning, personality, risk, substance use, legal knowledge, malingering, etc.; scored tests; interpreted test results; and wrote psychological and neuropsychological reports. Conducted clinical interviews. Co-led fitness restoration groups and provided individual fitness counseling to UST patients. Supervised by a Licensed Clinical Psychologist.

Doctoral Therapy Practicum:

July 2012 to July 2013 Behavioral Services Center

Bensenville, Illinois

Conducted assessments on perpetrators of domestic violence and individuals with substance-related legal charges. Led psychoeducational groups for male and female perpetrators of domestic violence and individuals charged with substance-related crimes and/or struggling with substance abuse/dependence. Led parenting skills and anger management groups. Provided individual therapy to self-referred and court-mandated individuals for various mental health issues. Supervised by a Licensed Clinical Psychologist.

Doctoral Psychodiagnostic Practicum:

July 2011 to June 2012 Illinois Department of Corrections - Dixon Correctional Center

Dixon, Illinois

Administered psychological tests to male inmates; scored tests; and wrote psychological reports. Conducted initial interviews to assess inmate appropriateness for placement in Special Treatment Center (medium security psychiatric) and Dixon Psychiatric Unit (maximum security psychiatric) within the prison. Supervised by Licensed Clinical Psychologists.

Master's Psychotherapy Practicum:

August 2009 to August 2010 Lutheran Social Services of Illinois - Portage-Cragin Counseling Center

Chicago, Illinois

Provided individual therapy to children, adolescents, and adults at an outpatient community mental health center. Primary individual caseload consisted of patients with mood and adjustment disorders. Co-led a psychosocial rehabilitation group composed primarily of chronically mentally ill adults. Administered outcome scales to adults, adolescents, and children. Supervised by a Licensed Clinical Social Worker.

State of Indiana

DEMOGRAPHIC INFORMATION

Name: Monica Wala

ADDRESS INFORMATION

City/State/Zip: Norridge IL 60706

County:

Cook

LICENSE INFORMATION

Lic #: 20043188A Profession: Psychology Type: **Psychologist** Secondary: Health Board

Service

Provider Status: Active Issued: 8/14/2018 Expiration: 8/31/2026

Method: Examination

DISCIPLIME INFORMATION

RELATED LICENSES

No Related Licenses